



Rehab Abbas

Highly motivated, enthusiastic and confident coach and business professional , with an international experience and strongly developed interpersonal and intercultural skills.

WORK EXPERIENCE

Ontological Coaching (August 2014 - now)

I work as a cross cultural coach. In my role I am conducting one-one or group coaching sessions with various clients: both corporate, as well as private. My aim is not only to enhance and develop clients' skills but also produce an ontological shift: to acknowledge the narrowness and limitation of the "self" and expand that "self" beyond its boundaries, beyond the possibilities available through the clients' own intervention.

Egyptian Natural Gas Company (2000 - 2011)

I have 10 years of experience working closely with the CEOs, Executives and Senior Management team members, facilitating the Company board meetings as well as Annual General Assembly meetings. This has provided me with a good opportunity to enrich my knowledge about leadership and to understand what a great influence leadership can have on the workplace environment, communication and productivity.

Board Secretariat Department - Section Head (2007 - 2011)

- Organising board meetings
- Recording accurate minutes of board meetings and annual general assembly meetings
- Determining the eligibility to vote
- Maintaining statutory books, including registers of members, directors and secretaries
- Dealing with correspondence, collating information and writing memos, ensuring the decisions made were communicated to the relevant Company's stakeholders
- Keeping the Board members updated regularly by providing monthly follow up action and status report

Board Secretariat Department - Senior Specialist (2005 - 2007)

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Board Secretary – GASCO Company Club (2005 – 2007)

- Being the focal point between the Board and the sports team members
- Preparing Board meetings agendas
- Attending Board meeting and recording minutes from these meetings
- Sending notices of the upcoming meetings and circulating previous minutes and reports to the Board
- Overseeing the budget and compliance with the club policies

Board Secretariat Department – Specialist (2000 – 2005)

VOLUNTEERING EXPERIENCE

Show Trust Charity (2014)

- Supporting people with disabilities to find and stay at work

ACS Egham (2013 till now)

- Being a “buddy” for new families joining the school
- Helping expat families transitioning into the new school and new country

International School of London

- Member of the Parent Teacher Association ; Event Co-ordinator

EDUCATION AND COURSES

B.Sc Guidance Tourism and Hotel Management (English section)

Helwan University, Cairo –Egypt (2000)

Tourists’ guiding, group leading and speaking in public. The course improved my communication skills, self-confidence as well as my presentation skills.

Coaching for the Global Professional at EGI (2015)

<http://edgewalkergroup.com/coaching-for-the-global-professional/>

Ontological Coaching

Newfield Certified Coach Training Programme; Winchester University (2014 – 2015)

Newfield is routinely ranked in the top three coaching organisations worldwide

Connected Leadership with Horses (2014)

Learning about the different styles of leadership.

Deepening Somatic Presence Training (2014)

Creative Writing - Surrey Adult Learning (2014)

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LANGUAGES

Arabic (mother tongue)

English (fluent)

PERSONAL INTERESTS

Creative writing, book clubs, running, rock climbing